Who am I?

My name is Cameron and I am in Grade 7. I enjoy playing sports, watching sports, listening to music, walking or hiking. I'm good at Baseball

Click here to read why I like these things

The 3 things I like to do are playing baseball and soccer in the winter and skiing in the summer. I also like to travel to interesting places like Mexico and Europe. I like the sports to keep me active as it's hard to sit still sometimes. I also like to take pictures when I travel so I guess I like photography as well. Those are the things I like best.

What are my academic preferences?

- English / Language Arts, History, Art, Music

The subjects I enjoy the least are

- Math, Science, Technology

I understand information better by

- watching a video or presentation

I prefer to demonstrate my understanding

- with tests that include multiple choice and short answers

- by making something with my hands

- in person in front of a small group of classmates

- one on one discussion with my teachers

What are my areas for academic growth? *Academic skills that are challenging for me are,*
MATH OPERATIONS
Click here for details of math

1. PERCENTAGES: use mental to calculate percents of whole numbers, including 1%, 5%, 10%, 15%, 25%, and 50%
2. FRACTIONS: add and subtract fractions with like and unlike denominators, using appropriate tools, in various contexts
3. DECIMALS: solve problems involving the division of three-digit whole numbers by decimal tenths expressing remainders as appropriate

READING COMPREHENSION
Click here for details of reading

1. FACTS AND DETAILS: find supporting details in various texts
2. SEQUENCING: analyze various texts by sequencing the events of multiple plots
3. INFERENCE: use explicit and implicit evidence, to extend understanding of various texts
4. VOCABULARY: demonstrate an understanding of a variety of words, and use morphological knowledge to analyze and understand new words in context
5. MAIN IDEA: summarize the main idea of a text and draw a well-supported conclusion

WRITTEN EXPRESSION

What motivates me?

I am MOTIVATED EXTRINSICALLY to learn

This means that I may be learning or doing school work to get praise or some kind of reward like higher grades or a gift.

How do I learn best? The ways I am smart are,

- PICTURE SMART so I may learn best with images, charts, and videos.
- PEOPLE SMART so I may be good at understanding and getting along with people.
- BODILY-KINESTHETIC ways so I may have good hand-eye co-ordination, balance and speed with body.

What helps me learn? Learning was easier for me when

- I used physical tools to stay focused (ie. fidget toys, chairs)
- I had extra time to complete tests and assignments or took tests over several days

What are my learning strengths? My strongest learning skills are,

- SUSTAINED ATTENTION which means that I may have the ability to stay focused and attentive for a long period of time.
- ORGANIZATION which means that I may prefer to keep things in order or tidy
- RESPONSE INHIBITION which means I may be able to think before I act
- LEADERSHIP which means that I may enjoy being a leaders in group activities.
- PHYSICAL which means that it may be easier for me to learn when I am able to be more active.
- CREATIVE which means that it may be easier for me to learn through creative methods like art or music

- VISUAL MEMORY which means I may be able to easily remember things that I have visually seen.

What are my learning opportunities? *Learning skills most challenging for me are,*

- WORKING MEMORY which means it may be difficult for me to remember information I recently recalled.
- EMOTIONAL CONTROL which means the part of the brain which controls my emotions may not be fully developed

- AUDITORY MEMORY which means it might be difficult for me to process information that I hear orally, remember it and recall it.

What are my goals?

I would like to become more focused OR less anxious in school

- by taking notes while listening in class.

The strategy I will use is, MANIPULATIVES: Use concrete materials, images and representational models to solve math problems or understand complex concepts

I would like to work on this once a week and complete it by April 30, 2024.

Strategies that may help me and my classmates. Select the strategies that may work best for you,

- ☒NOISE CANCELING HEADPHONES: Wear noise canceling headphones to minimize distractions and block out classroom noise.
- ☐RELAXATION: Engage in calming, relaxation techniques when transitioning between classes.
- ☒BREAK CARDS: Request breaks as needed using break cards as an alternate means of communication.
- ☐FIDGET ITEMS: Use fidget items to help with focussing and listening to the teacher.
- ☐INQUIRY BASED LEARNING: Ask questions on subjects of interest to gain a deeper knowledge of the topic.
- ☒VISUAL STORIES: Create visual stories through a chain of images or items that need to be remembered.
- ☐STRATEGIC SEATING: Sit in a specific area of the class to minimize distractions and build relationships with a variety of students.
- ☐ALTERNATIVE TEST FORMATS: Have the option of creating a video, audio file or podcast in place of some written assignments and tests.
- ☐PAIR-SHARE: Share thoughts with one other classmate before expressing thoughts in a full class discussion.
- ☐MOVEMENT BREAKS: Take short 5 minute walks in the hallway to regain focus.